

South Plains College
Department of Kinesiology
SYLLABUS – KINE 1119: Bowling

Instructor: Bart Bradshaw

Office Phone: 806.716.2478

Office: Texan Dome

Email: bbradshaw@southplainscollege.edu

Office Hours: 7:15-7:45 M/W & 7:15-8:00 T/TH

My cell number is 806-543-9277 if you need to call me for any reason

Purpose: This course is designed for the beginning bowling student interested in developing the basic fundamentals of bowling. Discussions will cover scoring, rules, bowling terminology, etiquette, and ball selection. Skill instruction will cover stance, approach, release, strikes and spares.

Outcomes:

- Each student will recall the rules, scoring, basic terminology, history, and etiquette needed for understanding the sport of bowling. This objective will be measured by quiz 1 and final exam.
- Each student will demonstrate the ability to manually score a bowling game. This objective will be measured by quiz 2 and final exam.
- Each student will execute proper bowling technique, particularly a four-step delivery, strikes and spares. This objective will be measured by observation of the instructor.
- Each student will develop an understanding of the importance of lifelong physical activity and how bowling can be part of this. This objective will be measured by quiz 2 and final exam.

Course Requirements:

- Text: None
 - Comfortable/ non-restrictive clothing and appropriate footwear. Students must wear bowling shoes!
 - Positive attitude
 - Willingness to follow instruction
 - Participation in all class activities

I. Grading Policy

Final grades will be determined as follows:

- 2 Assignments @ 10 points each: 20 points
- 1 Final @ 20 points each
- Attendance/Participation @ 60 points
- 2 points deducted for each absence.
 - ON your 5th absence you may be dropped from the class.

Total: 100 points

Final Grade Point Total

A: 90-100

B: 80-89

C: 70-79

D: 60-69

F: 0-59

A. Attendance/ participation (refer to attendance policy
(These are subjective evaluations of the instructor.)

- Attendance Records (by instructor)
- Appropriate intensity
- Following instruction
- Proper dress

B. Tests

- Tests given will cover the pre and post 1 mile run for time.
- If a test is missed, it must be taken the first day you return to class.

C. Final Exam

- The final exam will be a 3 mile run for time.
- If you have 2 or less absences, you are exempt. (NO EXCEPTIONS)

II. Attendance Policy: Students need to inform me prior to an absence due to a school-sponsored activity.

- If you are late to class, depending on the amount of time you are late, I will determine if it will be recorded as a tardy or absence. Same rule applies when a student LEAVES CLASS EARLY.
- NP's occur when a student is in attendance but cannot participate due to illness or injury. NP's are not to be used to study for exams or work on other class projects. 2 NP's = one (1) absence.
- Drops will be made by the instructor for excessive absences, discipline, and disregard for the class guidelines. It will be the student's responsibility to drop themselves after the administrative drop day. TWO WEEKS OF CONSECUTIVE ABSENCES = DROPPED FROM THE CLASS. This is a college policy. If you stop coming to class, it is best that you withdraw yourself. Refer to SPC catalog pg.21

II. Additional Information:

- A. We do not provide towels.
- B. You must use a 10 pound ball or heavier.
- C. No cell phones! No texting during class! No I Pads or personal computers.
- D. Bowling alley rules must be obeyed as far as drinks are concerned.
- E. Do not eat a heavy meal prior to class.
- F. Use the restroom prior to class.
- G. Hats are allowed.

You can find the most current SPC statements regarding Intellectual Exchange, Disabilities, NonDiscrimination, Title IX Pregnancy Accommodations C.A.R.E., Campus Concealed Carry at this link:

<https://www.southplainscollege.edu/syllabusstatements/>

I _____ have read and understand all the information on this syllabus for the class.

Print name: _____ Date: _____

Write your phone number and email legibly!!!!

Phone #: _____

E-mail _____

Are there any health issues we should be concerned about before you start this program?
(circle one) No/Yes

If yes, please explain:

*Sign and complete this form and turn it into the instructor.