Face coverings are required in all SPC buildings.

If you are experiencing any of these COVID-19 symptoms, please do not come to class and return home.

- Fever
- Cough
- Chills
- Muscle pain
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- Sore throat

Symptoms can range from mild to severe illness, and appear 2-14 days after you are exposed to the virus that causes COVID-19.

Seek medical care immediately if someone has emergency warning signs of COVID-19:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.