

COURSE SYLLABUS

**VNSG 1133 (1:1:0)**

<p><b>HUMAN GROWTH AND DEVELOPMENT</b></p>
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VOCATIONAL NURSING

**NURSING DEPARTMENT**

HEALTH OCCUPATIONS DIVISION

LEVELLAND CAMPUS

SOUTH PLAINS COLLEGE

**SPRING 2020**

Levelland  
Campus

## **COURSE SYLLABUS**

COURSE TITLE: Human Growth and Development, VNSG 1133

**INSTRUCTOR:** Janet Hargrove, BSN, RN  
Room AH 103A  
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**OFFICE HOURS:** By Appointment

**SOUTH PLAINS COLLEGE IMPROVES EACH STUDENT'S LIFE**

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### **I. GENERAL COURSE INFORMATION**

#### **A. COURSE DESCRIPTION (WECM):**

**Study of the basic aspects of growth and development throughout the life span.  
Focus on growth and development of the individual's body, mind, and personality  
as influenced by the environment.**

#### **B. LEARNING OUTCOMES (WECM):**

**Identify the stages of growth and development throughout the life span; and list  
the factors which influence growth and development.**

#### **C. COURSE OBJECTIVES (DECS):**

1. Discuss the fundamental principles of normal growth and development.
2. Describe the growth and development of the infant from one month to twelve months.
3. Describe growth and development characteristics of the toddler, preschool age, school age, and adolescent child.
4. Describe growth and development characteristics across the life span of the early adult, middle adult, and late adult.
5. Incorporate basic principles of human growth and development in formulating the nursing process.

6. Define culture and discuss how beliefs, values, ideas, and religious doctrines are adapted throughout the life span.
7. Discuss effective methods of communication across the life span

**D. COURSE COMPETENCIES:**

Grading Scale:

A	(100-90)
B	(89-80)
C	(79-77)
D	(76-70)
F	69 and below

**Below 77 is failing**

**E. ACADEMIC INTEGRITY:**

Please refer to SPC Catalog and Vocational Nursing Student Handbook.

**F. VERIFICATION OF WORKPLACE COMPETENCIES:**

No external learning experiences provided. Successful completion of the NEAC Competency statements at the level specified by the course (Level Objectives) will allow the student to continue to advance within the program. Upon successful completion of the program, students will be eligible to take the state board exam (NCLEX) for vocational nurse licensure.

**II. SPECIFIC COURSE/INSTRUCTOR REQUIREMENTS**

**A. Textbook:**

Polan/Taylor. *Journey Across the Life Span: Human Development and Health Promotion, 6<sup>th</sup> Edition*. F. A. Davis Company, Philadelphia, PA.

Linnard-Palmer, L. E., & Haile Coats, G. M. (2017). *Safe Maternity and Pediatric Nursing Care*. F.A. Davis Company, Philadelphia, PA.

**B. ATTENDANCE POLICY**

Contact hours: 16. See SPC catalogue and Vocational Nursing Student Handbook. Students are expected to attend all classes, arrive on time, and to remain for the entire class period. Attendance will be taken at the beginning of class: a student not present will be marked absent in the attendance record.

**If a student misses more than 2 hours of this 16 hour course they will be withdrawn from the course.**

**C. ASSIGNMENT POLICY:**

All class assignments are to be completed during the scheduled course time within

the spring semester. Failure to complete assignments will result in a grade of INCOMPLETE. A grade of incomplete will not permit a student to graduate. Please refer to the Student Handbook for Vocational Nursing.

Assignments turned in after 8:00 a.m. on the assigned due date will have 10 points deducted. Ten points will be deducted for each day the assignment is late.

**There are only 4 unit exams and a final exam scheduled for this course. Make-up exams will only be allowed if the student makes arrangements with the instructor PRIOR to the scheduled date of the exam. No make-up will be allowed after the unit exam has been given and prior arrangements not made. Make-up exams are at the discretion of the instructor and may not be in the same format as the original scheduled exam.**

One homework assignment will be due during the course. Information for this assignment will be provided at a later date.

**D. GRADING POLICY/METHODS OF EVALUATION:**

Unit Exams	65%
Homework Assignment	15%
Final Exam	20%

### III. COURSE OUTLINE

**The end of each unit will be marked by a comprehensive exam related to the covered content. Exam format may vary**

Required reading: Text as stated below. It is required that each chapter be read prior to the lecture hour for the designated chapter. The student is responsible for an understanding of the objectives and the key terms found at the beginning of each chapter.

Unit		Content	Faculty
Unit 1	Chpt 1	Healthy Lifestyles	<b>Hargrove</b>
	Chpt 2	Culture	
	Chpt 3	The Family	
	Chpt 4	Communication	
	Chpt 5	Theories of Growth and Development	
Unit 2	Chpt 6	Prenatal Period to One Year	<b>Blair</b>
	Chpt 7	Toddlerhood	
	Chpt 8	Preschool	
Unit 3	Chpt 9	School Age	<b>Hargrove</b>
	Chpt 10	Puberty and Adolescence	
Unit 4	Chpt 11	Early Adulthood	<b>Blair</b>
	Chpt 12	Middle Adulthood	
	Chpt 13	Late Adulthood	
	Chpt 14	Death and Dying	

### COMPREHENSIVE FINAL EXAM

#### **IV. Diversity Statement**

In this class, the teacher will establish and support an environment that values and nurtures individual and group differences and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be.

#### **Disabilities Statement**

Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland (Student Health & Wellness Office) 806-716-2577, Reese Center (Building 8) 806-716-4675, or Plainview Center (Main Office) 806-716-4302 or 806-296-9611.

#### **Non-Discrimination Statement**

South Plains College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Vice President for Student Affairs, South Plains College, 1401 College Avenue, Box 5, Levelland, TX 79336. Phone number 806-716-2360.

#### **Title IX Pregnancy Accommodations Statement**

If you are pregnant, or have given birth within six months, Under Title IX you have a right to reasonable accommodations to help continue your education. To activate accommodations you must submit a Title IX pregnancy accommodations request, along with specific medical documentation, to the Director of Health and Wellness. Once approved, notification will be sent to the student and instructors. It is the student's responsibility to work with the instructor to arrange accommodations. Contact the Director of Health and Wellness at 806-716-2362 or email [cgilster@southplainscollege.edu](mailto:cgilster@southplainscollege.edu) for assistance.

#### **Campus Concealed Carry Statement**

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been

issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations and Frequently Asked Questions, please refer to the Campus Carry page at: <http://www.southplainscollege.edu/campuscarry.php>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report violations to the College Police Department at 806-716-2396 or 9-1-1.

## WHITEFACE ELEMENTARY SCHOOL PROJECT

The class will visit the PE classes at Whiteface Elementary School. **The scheduled date is TUESDAY, FEBRUARY 11, 2020 from 0930-1500.** You will be participating in PE classes from Pre-k to 5<sup>th</sup> grade. You will need to wear your gray and orange SPC shirt, black scrub pants, and tennis shoes. With this outing, you will have the opportunity to see all school age children in action and can compare the expected growth and development findings with children in those age groups. Just remember, we are playing dodgeball with the students, so make sure you have room to move and that you are covered appropriately! Also, you are representing SPC so please present yourselves accordingly. All tattoos will need to be covered, hair must be up, and NO jewelry. Tennis shoes are required. You must have your SVN ID badge with you at all times.

**YOU MUST BRING SACK LUNCH AND SEVERAL WATER BOTTLES WITH YOU.** We will be eating lunch in the gym. Again, there are NO vending machines in the school and there is only one quick stop in Whiteface. You will not be allowed to leave the school once we get there as they will not allow you to roam around the campus for security reasons.

**Whiteface Elementary School  
401 Antelope Blvd  
(please call me if you get lost finding the school)**

Your homework assignment due date is **Monday, February 24, 2020 at 0800.**

I hope that you will pay close attention to the students around you and note the differences in all the children you interact with. You will have the opportunity to interact with children from pre-k/kindergarten thru 5<sup>th</sup> grade. Your assignment is to review the characteristics of growth and development for ALL age groups and then complete the homework. For your homework, please review g&d for all school age children before the field trip.

**Part 1:** You will need to summarize the differences in growth and development that you observed between all the age groups during PE. What assistance did they require? Were they able to follow instructions? Did the students openly communicate with you or were they shy and reserved? And you may want to share specific observations that you made while there (i.e. Specific conversations you had with a child, any assistance you were able to offer a child, etc.)

**Part 2:** You will also be required to compare the expected vs. actual g&d for your assigned age group in the following areas: physical growth, gross motor, fine motor, language, and social/cognitive skills. So please pay close attention to that specific group during dodge ball. Please review the attached grading rubric before completing the assignment.



This paper should follow APA guidelines. Two scholarly references are required. Your textbook will count as one reference. A grading rubric has been attached to the following page.

## WHITEFACE ELEMENTARY SCHOOL PROJECT

Students Name: \_\_\_\_\_ Date: \_\_\_\_\_

<i>Criteria</i>	<i>Available points</i>	<i>Earned points</i>
Discuss all areas of expected growth and development (physical, gross/fine motor, language, and social/cognitive skills) for your assigned age group	30	
Discuss the actual growth and development observed in your assigned age group while at Whiteface Elementary School, including physical growth, gross/fine motor, language, cognitive/social skills	30	
Summarize the differences that you observed in age groups during PE. What assistance did they require? Were they able to follow instructions? Did the students openly communicate with you or were they shy and reserved? And you may want to share specific observations that you made while there (i.e. Specific conversations you had with a child, any assistance you were able to offer a child, etc.)	20	
Presentation, Neatness, Spelling, Grammar	10	
APA format is required  At least 2 scholarly references are required (you may use your textbook as one of the required references.)	10	

Grade \_\_\_\_\_

Comments:

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## **WHITEFACE ELEMENTARY ASSIGNMENT GROUPS**

### **Pre-K/Kind**

Shannell  
Brandon  
Barb  
Sharon

### **1<sup>st</sup> grade**

Jacob  
Jonathan  
Dedra  
Halle

### **2<sup>nd</sup> grade**

Ashleigh  
Amanda  
Ambrosia  
Laken

### **3<sup>rd</sup> grade**

Vanessa  
Mayra  
Crystal  
Yesenia

### **4<sup>th</sup> grade**

Brittany  
Cynthia  
Julissa  
Nikki

### **5<sup>th</sup> grade**

Ceci  
Terra  
Janet  
Cande

## VNSG 1133 FIELD TRIP INSTRUCTIONS

VNSG Students need to be at the Whiteface Elementary School no later than **0930 on TUESDAY, FEBRUARY 11, 2020.** **IT WILL TAKE YOU AT LEAST 15 MINUTES TO GET TO WHITEFACE.....IF YOU ARE UNFAMILIAR WITH THE AREA IT WILL TAKE YOU LONGER. PLAN ACCORDINGLY!!!!!!!!!!!!!!** We will meet under the awning as a group BEFORE entering the school....**please wait until I get there before you go in.** We will be participating in their PE classes from 1005-1500. You will need to wear your black scrub pants and gray/orange SPC shirt. **TENNIS SHOES** are required. You **MUST** have your SVN ID on you at all times! Also, tattoos will need to be covered and NO jewelry.

Each student will need to sign in as a guest at the school and then we will have brief confidentiality in-service prior to the beginning of PE class. Mrs. J will help with this.

We will eat lunch in Whiteface. Lunch will be from 1205-1235. **YOU MUST BRING A SACK LUNCH AND SEVERAL WATER BOTTLES WITH YOU.** We will be eating lunch in the gym. Again, there are **NO** vending machines in the school and there is only one quick stop in Whiteface. You will not be allowed to leave the school once we get there as they will not allow you to roam around the campus for security reasons. You will **not be** allowed to go to and from your vehicles so you will need to bring your lunch and liquids into the building with you when you get there.

This is a **MANDATORY** assignment. You will complete your homework assignment from this field trip. If you are not in the appropriate uniform, you forget your name tag, or you are late and miss the sign-in OR the confidentiality in-service, you will be sent home and will receive a "0" for this assignment.