



Lubbock-Cooper High School/South Plains College
Dual Credit Child Development Course Syllabus

Instructor: Haley Schilling

Course: CDEC 1321.364 Infant and Toddler

Semester: Spring 2026

Phone: (806) 993-2321 ext. 21504

Class Times: 10:20-11:55 am

Primary Email: hschilling@lcisd.net

Course Description: This course examines the physical, emotional, social, and intellectual growth of children from conception through adolescence. Students explore prenatal care, parenting responsibilities, and health and safety standards, and investigate how family, culture, and technology affect a child's well-being. Students are also introduced to diverse career opportunities in the education, healthcare, and human services sectors.

Learning Outcomes:

Summarize prenatal development and the birth process

Discuss theories of development as they apply to infants and toddlers

Outline the growth and development of children from birth to age 3

Analyze components of teacher/child interactions and positive guidance techniques

Design learning environments

Select materials and activities for infants and toddlers

NAEYC Standard:

- Standard 1. Child Development and Learning in Context
- Standard 4. Developmentally, Culturally, and Linguistically Appropriate Teaching Practices

Tentative Course Outline

Unit 1: Introduction to Child Development and Careers

Unit 2: Parenting Skills and Responsibilities

Unit 3: Prenatal Development and Birth

Unit 4: Infant Development

Unit 5: Toddler Development

Unit 6: Preschool Development

Unit 7: School-Age Development

Course Objectives:

1. Summarize prenatal development.
 - a. Outline the stages and major milestones of prenatal development. (C6, C18)
 - b. Identify and describe possible environmental factors (teratogens) and their effects on the developing embryo or fetus. (F11, C7))

- c. Describe components of good prenatal care. (C7, F6)
2. Summarize the birth process.
 - a. Describe the stages of labor. (C6)
 - b. Compare methods of delivery. (F8, C7)
 - c. Describe possible complications of delivery. (F8, F9)
 - d. Discuss the effects of medication during the birth process. (C7)
3. Discuss theories of development as they apply to infants and toddlers.
 - a. Compare the impact of nature and nurture on the development child. (F12)
 - b. Practice authentic observations of infants and toddlers in relation to developmental milestones. (C5, C6, F5)
4. Outline the growth and development of children from birth to age 12.
 - a. Describe principles of development. (F1, F12, C5)
 - b. Explain the importance of brain research as it relates to the growth and development of infants and toddlers. (C7, F6, C18)
 - c. Describe physical, fine, gross motor, and perceptual development. (F1, F2, F5)
 - d. Describe cognitive development. (F6, F11)
 - e. Describe social development. (C5, C6, C7)
 - f. Describe emotional development, including self-concept & self-esteem. (C5, C6, F14)
 - g. Describe receptive and expressive language development. (C5, C7)
 - h. Describe literacy development. (F11, F12)
 - i. Define “at-risk” as it applies to infants and toddlers. (F8, F12, F9)
 - j. Identify community resources available for early intervention. (C-4, F15, F15)
5. Analyze components of quality infant/toddler caregiving.
 - a. Discuss social and cultural influences that impact infant/toddler care. (F5, F6, F9, F12)
 - b. Explain the importance of establishing and maintaining strong, positive communication and collaborative relationships with families. (C14, C9, F15)
 - c. Explain principles of quality caregiving. (C-11, C-12)
 - d. Explain appropriate teacher roles and responsibilities for caregivers of children under three. (F4, F6, C10, C12)
 - e. Describe daily routines used in infant/toddler classrooms & their importance in meeting children’s needs. (F8, F9)
 - f. Discuss unique health & safety needs of infants and toddlers. (C1, C10,)
 - g. Develop appropriate schedules for infants and toddlers. (C17)
 - h. Discuss ways to include infants and toddlers with special needs in a quality program. (C17, C18, C20, F11)
6. Analyze elements of appropriate indoor & outdoor environments. (C3)
 - a. Describe developmentally appropriate indoor environment for infants. (C3)
 - b. Identify characteristics of effective room arrangements for infants. (C3, F8, F11)
 - c. Describe developmentally appropriate indoor environment for toddlers. (C3, F11)
 - d. Identify characteristics of effective room arrangements for toddlers. (C3, F11)
 - e. Describe developmentally appropriate outdoor environments for toddlers. (C3, F11)
 - f. Explain how indoor and outdoor environments can be adapted for infants/toddlers with special needs. (C3, F11)
7. Provide developmentally appropriate materials and activities.
 - a. Select and/or develop developmentally appropriate materials for use in infant/toddler classrooms. (C2, C3, C4, F13, F7, F8)
 - b. Plan and implement developmentally appropriate learning activities for infants/toddlers, including those with special needs. (F11, F12, C14)
8. Use developmentally appropriate teaching/guidance techniques.

- a. Apply principles of caregiving in a classroom with children under three. (C15, C16, C4, F9, F15)
- b. Use appropriate transitions with infants and toddlers. (F7, F8, C17)
- c. Use appropriate direct and indirect guidance techniques with infants and toddlers. (F11, F15, C7)
- d. Demonstrate appropriate procedures for feeding, diapering, toileting, dressing, and sleeping. (F11, C10)
- e. Demonstrate teamwork skills working with colleagues in infant/toddler classrooms. (C9, F11, F17)

Academic Integrity

It is the aim of the faculty of Lubbock-Cooper High School and South Plains College to foster a spirit of complete honesty and a high standard of integrity. The attempt of any student to present as his or her own, any work which he or she has not honestly performed, is regarded by the faculty and administration as a most serious offense and renders the offender liable to serious consequences and possibly suspension.

Cheating: Dishonesty of any kind on examinations or on written assignments, illegal possession of examinations, the use of unauthorized notes during an examination, obtaining information during an examination from the textbook or from the examination paper of another student, assisting others to cheat, alteration of grade records, and illegal entry or unauthorized presence in an office are examples of cheating.

Plagiarism: Offering the work of another as one's own, without proper acknowledgement, is plagiarism. Therefore, any student who fails to give credit for quotations or essentially identical expression of material taken from books, encyclopedias, magazines, and other reference works, or from the themes, reports, or other writings of a fellow student, is guilty of plagiarism. This includes copying information from the text materials and related websites. A student's written work **MUST** be in his/her own words.

Exams: In this course, the instructor reserves the right to require exams in a proctored setting if deemed necessary to maintain the integrity of the coursework.

Grading Policy:

Final Grades		
900-1000 points	90-100%	A
800-899 points	80-89%	B
750-799 points	75-79%	C
700-749 points	70-74%	D
699 points & below	(69%)	F

Attendance and Participation: Success in this course is directly tied to regular attendance and active engagement. Students are expected to arrive punctually, remain focused, and contribute meaningfully to all class activities and discussions. Please be advised that attendance will be governed by the official policies of both Lubbock-Cooper ISD and South Plains College.

Computer Requirements: Students will utilize their Lubbock-Cooper ISD school iPads to complete all work issued for this course.

Course Syllabus Statements: All students are required to review the official South Plains College syllabus statements, which provide important information regarding college policies and student resources. These include statements on intellectual exchange, accessibility services, non-discrimination, pregnancy and parenting accommodations, campus safety, COVID-19 procedures, appropriate use of artificial intelligence, and more.

These policies apply to all courses and are available at the following link:

<https://www.southplainscollege.edu/syllabusstatements/>