

Common Course Syllabus Fall 2026

Department: Behavioral Sciences

Discipline: Psychology

Course Number: PSYC 2314

Course Name: Lifespan Growth and Development

Credit: 3 Lecture: 3 Lab: 0

Satisfies a core curriculum requirement? Yes, Behavioral or Social Science

Prerequisites: TSI reading compliance

INET Available Formats: Face to face, INET, Hybrid

ITV Campuses: all

Textbook: *Lifespan Development: A Psychological Perspective* by M Lally and S Valentine-French, 4th edition. This is an OER (open resources) textbook that is available on Blackboard at no cost to the student.

Course Specific Instructions: go to Blackboard Learn 9 for INET classes

Course Description: Life-Span Growth and Development is a study of social, emotional, cognitive and physical factors and influences of a developing human from conception to death.

Course Purpose: The purpose of this course is to introduce students to the major theories and concepts in life span development including the physical, cognitive, and psychosocial changes that occur from conception till death.

Course Requirements: To maximize the potential to successfully complete this course, the student should attend all class meetings, complete all homework

assignments in a timely manner, and complete all examinations including the final exam. Internet courses require the work to be completed in specific time periods.

Course Evaluation: Please see the instructor's course information sheet for specific items used in evaluation of student performance.

Student Learning Outcomes:

Students who have successfully completed this course will be expected to:

1. Describe the stages of the developing person at different periods of the life span from birth to death.
2. Discuss the social, political, economic, and cultural forces that affect the development process of the individual.
3. Identify factors of responsible personal behavior with regard to issues such as sexual activity, substance abuse, marriage and parenting.
4. Explain the biosocial, cognitive and psychological influences throughout the lifespan as an ongoing set of processes, involving both continuity and change.
5. Describe the different developmental perspectives of the major theories of development (i.e. cognitive, learning, humanistic and psychodynamic).
6. Identify examples of some of the cultural and ethnic differences that influence development throughout the lifespan.
7. Discuss the various causes or reasons for disturbances in the developmental process.

Core Objectives addressed:

- **Communication skills**- to include effective written, oral and visual communication.
- **Critical thinking skills**- to include creative thinking, innovation, inquiry and analysis, evaluation and synthesis of information.
- **Empirical and Quantitative skills**- to include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions. □ **Social Responsibility**- to include the demonstrated intercultural knowledge and competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national and global communities.

Coordinating Board Approval Number (CIP) 42.2703.51 25

WITHDRAWAL POLICY: The last day to withdraw/drop with a grade of “W” is April 27. It is the student’s responsibility to withdraw from this course. Otherwise, students will be assigned their earned letter grade at the end of the course. Course averages will be available through Blackboard and guidance will be provided throughout the term to help students decide whether they need to drop the class or not. For more information regarding drops/withdrawals, please visit <https://www.southplainscollege.edu/admission-aid/apply/schedulechanges.php>.

Student Conduct: The student handbook clearly defines appropriate classroom conduct. A student can be asked to leave the class for inappropriate conduct. You should not disrupt the class since you interfere with the learning process for your peers. Talking, sleeping, cell phones ringing, or other disruptive behaviors will result in a warning and then can result in the student being dropped from the class. If you must have a phone for sick children or emergency reasons, please put the phone on “silent” because a ringing/singing phone is very disruptive to the class.

During exams all phones, ear buds or head phones must be removed and put away, off your desk.

For information regarding official South Plains College statements about intellectual exchange, disabilities, non-discrimination, Title V Pregnancy Accommodations, CARE Team, and Campus Concealed Carry, please visit <https://www.southplainscollege.edu/syllabusstatements/>.

Individual section information

Instructor's Course Information: Dr. Skinner

Course Information for Psyc 2314 003

Office Hours: M-Th 7:00 to 8:00 am; 11:00 to 12:00; Friday 7:30 to 9:00 am and other times by appointment.

Email Address: pskinner@southplainscollege.edu

Office Phone: 806-716-2455

Office: AD 146

Course Policies:

Late Work and Missed Assignments: Work is due on the dates assigned and a 10% penalty is assessed for late work.. The paper is due on the date assigned and there is a late penalty for each day the work is late.

Textbook: Lally, M. & Valentine-French, S, *Lifespan Development: A Psychological Perspective*. This OER (Open Education Resource) book is on your Blackboard course at no cost to you. You just go to the Blackboard course and click on the course and then the text is located under Start Here or Student Resources on the menu.

Paper: You will have a paper that is worth 100 points. The topic and instructions will be on a separate page along with the due date which will be Sunday, November 15.

Assignments: You have 10 assignments that are available in Blackboard in the "course content" tab. They are listed by week and are also on your calendar. Each assignment is worth 30 points for a total of 300 points. The assignments are due on Sunday of the week that they are listed.

Attendance Policy: You can check the school policy in the college catalog. In addition to the catalog policy, roll will be taken at each class session and a record of attendance maintained. You are expected to attend class.

Psyc 2314 Human Growth and Development Fall 2026 Course Calendar

Week	Start Date	<u>Assignments</u>	<u>Textbook Chapters</u>	<u>Assignments and Due Dates</u>
1	Aug 24	Assignment 1	Chapter 1	Due Sunday, August 30 by mid
2	Aug 31	Assignment 2	Chapter 1	Due Sunday, Sept 7 by mid
3	Sept 7	Assignment 3	Chapter 2	Due Sunday, Sept 13 by m Labor Day September 7
4	Sept 14	Exam 1	Chapter 2	Exam 1 –in class
5	Sept 21	Assignment 4	Chapter 2	Due Sunday, Sept 27 by m
6	Sept 28	Assignment 5	Chapter 3	Due Sunday, Oct 4 by midr
7	Oct 5	Assignment 6	Chapter 3	Due Sunday, Oct 11 by mi
8	Oct 12	Exam 2	Chap 2 and 3	Exam in class
9	Oct 19	No assignment this week, work on paper	Chapter 4	Due Sunday, Oct 25 by mi
10	Oct 26	Assignment 7	Chapter 5, 6	Due Sunday, Nov 1 by mid
11	Nov 2	Assignment 8	Chapter 6	Due Sunday, November 8
12	Nov 9	Paper Exam 3	Chap 4, 5, 6	Due Sunday, Nov 15 by m Exam 3 in class
13	Nov 16	Assignment 9	Chapter 7, 8	Due Sunday, Nov 22 by mi

14	Nov 23	Assignment 10	Chapter 9	Thanksgiving 25-27 Assignment due Sunday, N
15	Nov 30		Chapter 10	Sunday Dec 6 by midnight
16	Dec 7-10	Exam 4	Chapter 7-10	Follow exam schedule