

## Common Course Syllabus Spring 2023

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**Department:** Behavioral Sciences

**Discipline:** Psychology

**Course Number:** PSYC 2314

**Course Name:** Lifespan Growth and Development

**Credit:** 3 Lecture: 3 Lab: 0

**Satisfies a core curriculum requirement?** Yes, Behavioral or Social Science

**Prerequisites:** TSI reading compliance

**INET Available Formats:** Face to face, INET, Hybrid

**ITV Campuses:** all

**Textbook:** *Lifespan Development: A Psychological Perspective* by M Lally and S Valentine-French, 4<sup>th</sup> edition. This is an OER (open resources) textbook that is available on Blackboard at no cost to the student.

**Course Specific Instructions:** go to Blackboard Learn 9 for INET classes

**Course Description:** This course is the study of the relationship of the physical, emotional, social, and mental factors of growth and development of children and throughout the lifespan.

**Course Purpose:** The purpose of this course is to introduce students to the major theories and concepts in life span development including the physical, cognitive, and psychosocial changes that occur from conception till death.

**Course Requirements:** To maximize the potential to successfully complete this course, the student should attend all class meetings, complete all homework assignments in a timely manner, and complete all examinations including the final exam. Internet courses require the work to be completed in specific time periods.

**Course Evaluation:** Please see the instructor's course information sheet for specific items used in evaluation of student performance.

**Student Learning Outcomes:**

Students who have successfully completed this course will be expected to:

1. Describe the stages of the developing person at different periods of the life span from birth to death.
2. Discuss the social, political, economic, and cultural forces that affect the development process of the individual.
3. Identify factors of responsible personal behavior with regard to issues such as sexual activity, substance abuse, marriage and parenting.
4. Explain the biosocial, cognitive and psychological influences throughout the lifespan as an ongoing set of processes, involving both continuity and change.
5. Describe the different developmental perspectives of the major theories of development (i.e. cognitive, learning, humanistic and psychodynamic).
6. Identify examples of some of the cultural and ethnic differences that influence development throughout the lifespan.
7. Discuss the various causes or reasons for disturbances in the developmental process.

**Core Objectives addressed:**

- Communication skills-** to include effective written, oral and visual communication.
- Critical thinking skills-** to include creative thinking, innovation, inquiry and analysis, evaluation and synthesis of information.
- Empirical and Quantitative skills-** to include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions.  **Social Responsibility-** to include the demonstrated intercultural knowledge and

competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national and global communities.

**Coordinating Board Approval Number (CIP) 42.2703.51 25**

**WITHDRAWAL POLICY:** The last day to withdraw/drop with a grade of “W” is April 27. It is the student’s responsibility to withdraw from this course. Otherwise, students will be assigned their earned letter grade at the end of the course. Course averages will be available through Blackboard and guidance will be provided throughout the term to help students decide whether they need to drop the class or not. For more information regarding drops/withdrawals, please visit <https://www.southplainscollege.edu/admission-aid/apply/schedulechanges.php>.

### Diversity Statement

In this class, the teacher will establish and support an environment that values and nurtures individual and group difference and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be.

### Disabilities Statement

Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland (Student Health & Wellness Office) 806-716-2577, Lubbock Centers (located at the Lubbock Downtown Center) 806-716-4675, or Plainview Center (Main Office) 806-716-4302 or 806-296-9611.

### Non-Discrimination Statement

South Plains College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Vice President for Student Affairs, South Plains College, 1401 College Avenue, Box 5, Levelland, TX 79336. Phone number 806-716-2360.

### Title IX Pregnancy Accommodations Statement

If you are pregnant, or have given birth within six months, Under Title IX you have a right to reasonable accommodations to help continue your education. To activate accommodations you must submit a Title IX pregnancy accommodations request, along with specific medical documentation,

to the Health and Wellness Center. Once approved, notification will be sent to the student and instructors. It is the student's

responsibility to work with the instructor to arrange accommodations. Contact the Health and Wellness Center at 806-716-2529 or email [dburleson@southplainscollege.edu](mailto:dburleson@southplainscollege.edu) for assistance.

### Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations and Frequently Asked Questions, please refer to the Campus Carry page at: <http://www.southplainscollege.edu/campuscarry.php>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains C

**Student Conduct:** The student handbook clearly defines appropriate classroom conduct. A student can be asked to leave the class for inappropriate conduct. You should not disrupt the class since you interfere with the learning process for your peers. Talking, sleeping, cell phones ringing, or other disruptive behaviors will result in a warning and then can result in the student being dropped from the class. If you must have a phone for sick children or emergency reasons, please put the phone on "silent" because a ringing/singing phone is very disruptive to the class.

During exams all phones, ear buds or head phones must be removed and put away, off your desk.

**Appeal Process:** The process of appeal is outlined in the college catalog. Basically you would need to talk to the instructor, the department chair, and then the dean if the problem is not resolved. Be sure to always start with your instructor.

### COVID

If you are experiencing any of the following symptoms, please do not attend class and either seek medical attention or test for COVID-19.

- Cough, shortness of breath, difficulty breathing
- Fever or chills
- Muscles or body aches
- Vomiting or diarrhea
- New loss of taste and smell

Please also notify DeEtte Edens, BSN, RN, Associate Director of Health & Wellness, at [dedens@southplainscollege.edu](mailto:dedens@southplainscollege.edu) or 806-716-2376. Proof of a positive test is required. A home test is sufficient but students must submit a photo of the positive result. The date of test must be written on the test result and an ID included in the photo. If tested elsewhere (clinic, pharmacy, etc.), please submit a copy of the doctor's note or email notification. Results may be emailed to DeEtte Edens, BSN, RN at [dedens@southplainscollege.edu](mailto:dedens@southplainscollege.edu).

A student is clear to return to class without further assessment from DeEtte Edens, BSN, RN if they have completed the 5-day isolation period, symptoms have improved, and they are without fever for 24 hours without the use of fever-reducing medication.

### **Instructor's Course Information: Dr. Skinner Spring 2023 Course Information for Psyc 2314 003**

**Office Hours:** M-Th 7:00 to 8:00 am; 11:00 to 12:00; Friday 7:30 to 9:00 am and other times by appointment.

**Email Address:** [pskinner@southplainscollege.edu](mailto:pskinner@southplainscollege.edu)

**Office Phone:** 806-716-2455

**Office:** AD 146

#### **Course Policies:**

**Late Work and Missed Assignments:** Work is due on the dates assigned and a 10% penalty is assessed for late work.. The paper is due on the date assigned and there is a late penalty for each day the work is late.

**Textbook:** Lally, M. & Valentine-French, S, *Lifespan Development: A Psychological Perspective*. This OER (Open Education Resource) book is on your Blackboard course at no cost to you. You just go to the Blackboard course and click on the course and then the text is located under Start Here or Student Resources on the menu.

**Paper:** You will have a paper that is worth 100 points. The topic and instructions will be on a separate page along with the due date which will be April 16, 2023

**Assignments:** You have 10 assignments that are available in Blackboard in the "course content" tab. They are listed by week and are also on your calendar. Each assignment is worth 30 points for a total of 300 points. The assignments are due on Sunday of the week that they are listed.

**Attendance Policy:** You can check the school policy in the college catalog. In addition to the catalog policy, roll will be taken at each class session and a record of attendance maintained. You are expected to attend class. The material presented in class is not a duplication of the material in the textbook, and you will be responsible for all topics discussed in class as well as the assigned chapters in the text. It is important to attend the class and to do the work assigned in Blackboard. If you stop doing work or attending, I will attempt to notify you but it is your responsibility to drop the class if that is your decision.

**Writing Style:** All written assignments should be presented using the conventions of Standard Written English. South Plains College requires all students to become proficient in "academic English," a form of English that is typically used in academic, professional, and business contexts. While slang, regional idioms, and informal kinds of self-expression are appropriate in some contexts, they are out of place in academic writing. Writing instructors and professors in courses across the campus expect all students to demonstrate proficiency in using the conventions of academic English in their written work, whether it is in-class exams or take-home essays. Each instructor may also add additional requirements regarding written assignments that are contained in your syllabus. A writing center is available on every campus and is staffed with volunteer faculty who will assist you in editing your papers for all classes.

**Academic Integrity:** You are expected to do your own work. You may not work with another person to complete your assignments, discussions, or when taking your exams. You may not copy another student's work and present it as your own. You may not allow another student to copy your work. Complete honesty is required of the student in the presentation of any and all phases of course work. If the instructor determines an assignment to be plagiarized, the result can range from a zero for that assignment to failure of the course. The result will be determined by the instructor. See SPC College Catalog for additional information.

**Grading Policy/Procedure:** You will have four exams worth 100 points each and 10 assignments worth 30 points each for 300 total points. The assignments are available in Blackboard and will be answered in Blackboard. This is a total of 700 points for exams and assignments. You will also have a written paper that is also worth 100 points. That is a total of 800 points for the semester. Your grade will be based upon a percentage of the total points with 90%=A; 80%=B; 70%=C; 60%=D; 59% and below = F.

**Special Requirements:** If you miss an exam, you cannot make it up, but your final exam will be counted twice. You can take an exam with another class if you must miss class for a valid reason. If you miss more than two exams, you may be asked to drop the class.

**Calendar**

**Psyc 2314 Human Growth and Development – Spring 2023 Course Calendar**

<b>Week</b>	<b>Start Date</b>	<b><u>Assignments</u></b>	<b><u>Textbook Chapters</u></b>	<b><u>Assignments and Due Dates</u></b>
1	Jan 17	<ul style="list-style-type: none"> <li>• Assignment 1</li> </ul>	<ul style="list-style-type: none"> <li>• Chapter 1</li> </ul>	Due Sunday, Jan 22 by midn •
2	Jan 23	<ul style="list-style-type: none"> <li>• Assignment 2</li> </ul>	<ul style="list-style-type: none"> <li>• Chapter 1</li> </ul>	Due Sunday, Jan 29 by midn •
3	Jan 30	<ul style="list-style-type: none"> <li>• Assignment 3</li> </ul>	<ul style="list-style-type: none"> <li>• Chapter 2</li> </ul>	Due Sunday, Feb 5 by midn
4	Feb 6	<ul style="list-style-type: none"> <li>• Exam 1</li> </ul>	<ul style="list-style-type: none"> <li>• Chapter 2 and 3</li> </ul>	Exam 1 –in class
5	Feb 13	<ul style="list-style-type: none"> <li>• Assignment 4</li> </ul>	<ul style="list-style-type: none"> <li>• Chapter 3</li> </ul>	Due Sunday, Feb 19 by midn •
6	Feb 20	<ul style="list-style-type: none"> <li>• Assignment 5</li> </ul>	<ul style="list-style-type: none"> <li>• Chapter 4</li> </ul>	Due Sunday, Feb 26 by midn •
7	Feb 27	<ul style="list-style-type: none"> <li>• Assignment 6</li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Chapter 4</li> </ul>	Due Sunday, Mar 5 by midn •
8	Mar 6	<ul style="list-style-type: none"> <li>• Exam 2</li> </ul>	Chap 3 and 4	Exam in class
8	Mar 13	<ul style="list-style-type: none"> <li>• Spring Break</li> </ul>		
9	Mar 20	<ul style="list-style-type: none"> <li>• Assignment 7</li> </ul>	<ul style="list-style-type: none"> <li>• Chapter 5</li> </ul>	Due Sunday, Mar 26 by midn •
10	Mar 27	<ul style="list-style-type: none"> <li>• Assignment 8</li> </ul>	<ul style="list-style-type: none"> <li>• Chapter 6</li> </ul>	Due Sunday, April 2 by midn •
11	April 3	<ul style="list-style-type: none"> <li>• Exam 3</li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Chapter 4, 5, 6</li> </ul>	Exam 3 – in class
12	April 10	<ul style="list-style-type: none"> <li>• Paper</li> </ul>	<ul style="list-style-type: none"> <li>• Chapter 7</li> </ul>	Due Sunday, April 16 by mi •

13	April 17	<ul style="list-style-type: none"> <li>• Assignment 9</li> </ul>	<ul style="list-style-type: none"> <li>• Chapter 8</li> </ul>	Due Sunday, April 23 by mid <ul style="list-style-type: none"> <li>•</li> </ul>
14	April 24	<ul style="list-style-type: none"> <li>• Assignment 10</li> </ul>	<ul style="list-style-type: none"> <li>• Chapter 9</li> </ul>	Due Sunday, April 30 by mid <ul style="list-style-type: none"> <li>•</li> </ul>
15	May 1		<ul style="list-style-type: none"> <li>• Chapter 10</li> </ul>	
16	May 8	<ul style="list-style-type: none"> <li>• Exam 4</li> </ul>	Chap 6, 7, 8, 9, 10	Thursday May 11