



FIRT 1319-151 Firefighter Health & Safety (3:3:0)

Instructor

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Cell Phone 806-441-7568 (Text or Call between hours of 9:00AM-10:00pm)

Course Description

Firefighter occupational safety and health in emergency and non-emergency situations. This course meets Fire and Emergency Services Higher Education (FESHE) Model Curriculum core requirements.

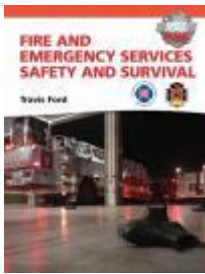
This entry-level course introduces the basic principles of the National Fallen Firefighters Foundation Life Safety Initiatives and overall fire safety considerations. The course focuses on the need for awareness, preparedness, response, and change throughout the emergency services. Students will analyze the safety response cycle for emergency operations.

Course Outcomes

At the end of this course, students will be able to describe components of a firefighter safety and health program; explain safety practices and procedures related to emergency and non-emergency operations; and outline the components of a firefighter wellness program. Additional course outcomes include:

- Explain risk in the emergency management cycle
- Evaluate risk in the emergency management cycle
- Apply Life Safety Initiatives from National Fallen Firefighters Foundation
- Determine the effects of job risk on firefighter wellness
- Explain how fitness of firefighters affects risk
- Determine how to minimize risk using crew resource management
- Analyze hazards around the firehouse
- Evaluate safety issues involving emergency vehicles
- Analyze safety issues related to emergency response scenarios
- Assess the safety of personal protective equipment
- Analyze dangers on an emergency scene
- Analyze the responsibilities of a safety officer
- Analyze considerations for managing hazard situations
- Determine how geographical differences affect safety and preparedness
- Analyze rehabilitation considerations for emergency incidents

- Determine information required for post-incident analysis
- Evaluate near misses in the emergency management cycle



Title: *Fire and Emergency Services Safety and Survival*
Author: Ford and National Fallen Firefighters
ISBN: 0133769216

Lesson Checklists

Every lesson has a prescribed checklist of assignments required to successfully complete the lesson. Follow this checklist to complete each lesson.

Course Components

The *Fire and Emergency Safety* course is made up of the numerous graded and ungraded activities listed here.

Graded Assessments

- Discussion Forums
- Chapter Assignments
- Quizzes
- Final Exam

Ungraded Activities

- Online Practice (in the lesson presentations)
- Reading Assignments

Grades

The following table shows the graded assessment types contained within this course and the assigned weighting used to determine the final course grade:

Graded Assessment Types	Weights (%)
Assignments	33%
Discussions	33%

Quizzes	34%
Total:	100%

Letter grades for the course will be based on the following grading scale:

Letter Grade	Percentage	Grade Point
A	90 - 100%	4.0
B+	85 - 89%	3.5
B	80 - 84%	3.0
C+	75 - 79%	2.5
C	70 - 74%	2.0
D+	65 - 69%	1.5
D	60 - 64%	1.0
F	<60%	0.0

Course Participation

Unlike a traditional classroom-based course, you do not need to show up to class at a specific time every day to earn your class participation grade in an asynchronous online course. Instead, you need to complete the online lesson presentations, assignments, quizzes, and discussions by the due dates specified by your instructor. Although some of your activities will be ungraded, your instructor will keep track of whether you have completed them and will assign you a course participation grade based on your completion of these assignments.

Online Etiquette

The objective in an online discussion is to be collaborative, *not* combative. Please, proofread your responses carefully before you post them to make sure that they will not be offensive to others. Use discussions to develop your skills in collaboration and teamwork. Treat the discussion areas as a creative environment where you and your classmates can ask questions, express opinions, revise opinions, and take positions just as you would in a more traditional classroom setting.

CAMPUS GUIDELINES

DIVERSITY STATEMENT

In this class, the instructors will establish and support an environment that values and nurtures individual and group differences and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world, and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be.

DISABILITIES STATEMENT

Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland (Student Health & Wellness Office) 806-716-2577, Lubbock Centers (located at the Lubbock Downtown Center) 806-716-4675, or Plainview Center (Main Office) 806-716-4302 or 806-296-9611.

NON-DISCRIMINATION STATEMENT

South Plains College does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Vice President for Student Affairs, South Plains College, 1401 College Avenue, Box 5, Levelland, TX 79336. Phone number 806-716-2360.

TITLE IX PREGNANCY ACCOMMODATIONS STATEMENT

If you are pregnant, or have given birth within six months, Under Title IX you have a right to reasonable accommodations to help continue your education. To activate accommodations, you must submit a Title IX pregnancy accommodations request, along with specific medical documentation, to the Director of Health and Wellness. Once approved, notification will be sent to the student and instructors. It is the student's responsibility to work with the instructor to arrange accommodations. Contact the Health and Wellness Center at 806-716-2529 or email dburleson@southplainscollege.edu for assistance.

CAMPUS CONCEALED CARRY STATEMENT

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations and Frequently Asked Questions, please refer to the Campus Carry page at: <http://www.southplainscollege.edu/campuscarry.php>.

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report violations to the College Police Department at 806-716-2396 or 9-1-1.

GENERAL SAFETY ON CAMPUS

South Plains College recognizes the importance of safety on campus. The protection of persons and property is a responsibility which we all share. Personal safety begins with the individual. The following guidelines are intended to assist you in protecting yourself and to encourage practices that contribute to a safe environment for our campus community.

- Never leave your personal property unsecured or unattended.
- Look around and be aware of your surroundings when you enter and exit a building.
- Whenever possible, avoid walking alone, particularly after dark. Walk to your vehicle with other class members or request that the Security Guard/Campus Police walk you to your car.

- When approaching your vehicle, keep your keys in your hand; look under your car and in the back seat and floorboard. Lock the doors as soon as you are inside your car.

FOOD AND DRINK IN CLASSROOMS

It is the policy of South Plains College not to permit food or drink in the classrooms or laboratories.

Ask your instructor if food and drink are permitted in the Fire Academy Classroom.

TOBACCO USE POLICY

South Plains College prohibits the use of any tobacco product, electronic cigarette, or vapor device throughout all indoor areas and within a 25-foot perimeter around all facility entrances, exits and HVAC air intake vents under the control of SPC, including sporting facilities and SPC vehicles. Included in this ban are tobacco products of all types (including, but not limited to, cigarettes, cigars, pipes, chewing tobacco, snuff and all other kinds and forms of tobacco prepared in such a manner to be suitable for spit tobacco use, smoking, or both). This ban also includes herbal tobacco products and simulated tobacco products that imitate or mimic tobacco products such as e-cigarettes, vapor cigarettes, pipes, or other types of inhalation devices.

SOCIAL MEDIA POLICY

Students wanting to post pictures or information on their class activities during class time is allowed if the instructor or academy coordinator approves it. There shall be no derogatory, offensive, or insensitive posts made against South Plains College or South Plains College Fire Academy by an active fire academy student. Because the class takes place at Lubbock Fire Rescue Training facility, there shall be no derogatory, offensive, or insensitive posts made relating to Lubbock Fire Rescue or the City of Lubbock by an active fire academy student. Lubbock Fire Rescue and the City of Lubbock have their own social media policies, and the use of these names in a post on any social media platform should not be used by any student that would relate them as an employee of either entity. If a student violates this policy, all actions will be taken to remove the student from the Fire Academy pending an investigation into the post to verify it does not violate the student's First Amendment rights.

COVID 19

If you are experiencing any of the following symptoms, please do not attend class and either seek medical attention or test for COVID-19:

- Cough, shortness of breath, difficulty breathing
- Fever or chills
- Muscles or body aches
- Vomiting or diarrhea
- New loss of taste and smell

Please also notify DeEtte Edens, BSN, RN, Associate Director of Health & Wellness, at dedens@southplainscollege.edu or 806-716-2376. Proof of a positive test is required. A home test is sufficient but students must submit a photo of the positive result. The date of test must be written on the

test result and an ID included in the photo. If tested elsewhere (clinic, pharmacy, etc.), please submit a copy of the doctor's note or email notification. Results may be emailed to DeEtte Edens, BSN, RN at dedens@southplainscollege.edu.

A student is clear to return to class without further assessment from DeEtte Edens, BSN, RN if they have completed the 5-day isolation period, symptoms have improved, and they are without fever for 24 hours without the use of fever-reducing medication.

Students must communicate with DeEtte Edens, BSN, RN prior to their return date if still symptomatic at the end of the 5-day isolation.

FLEXIBILITY

If at any time, issues arise in the class that are not explicitly addressed in the syllabus, the academy coordinator may make mandates verbally, in writing, or through the class leadership that are equally as binding as the syllabus itself. New mandates are effective at the time they are communicated to the students.

Noncompliance by a student shall be handled by the Dean of Students, Dean of the Reese Center, or the Director of the Plainview Center, in accordance with procedures outlined in the Student Code of Conduct in the Student Guide.

In case of emergency at any campus, call 911
