

COURSE SYLLABUS

RNSG 1413 (4:4:4)

FOUNDATION FOR NURSING PRACTICE

ASSOCIATE DEGREE NURSING PROGRAM

DEPARTMENT OF NURSING

HEALTH OCCUPATION DIVISION

LEVELLAND CAMPUS

SOUTH PLAINS COLLEGE

SPRING 2019

Faculty

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SOUTH PLAINS COLLEGE IMPROVES EACH STUDENT'S LIFE

GENERAL COURSE INFORMATION:

A. COURSE DESCRIPTION

Introduction to the role of the professional nurse as provider of patient-centered care, patient safety advocate, member of the health care team, and member of the profession. Content presented in this course provides the fundamental components to meet minor/major client needs in providing for a safe, effective care environment, health promotion, psychosocial integrity, and physiological integrity (ATI Fundamentals for Nursing, 9th ed., 2016). Content includes fundamental concepts in normal body systems, basic influences/changes in the body systems, implementation of basic concepts in nursing practice, history of professional nursing, and utilizing the nursing process in a systematic framework for decision-making and critical thinking. Emphasis is on knowledge, judgement, skills and professional values within a legal/ethical framework.

RNSG 1413 involves the development of basic nursing principles essential in caring for the individual who is influenced by genetic inheritance, life experiences and cultural background and is part of a larger community. The student will develop observational and communication skills. Emphasis is placed on the unifying concepts of basic human needs, roles of the nurse, and professional nursing practice. The focus is on the client in a state of homeostasis with attention to interruptions, caused by common stressors that prevents need attainment.

Prerequisites: Psychology 2314, Biology 2401 & 2420, and English 1301.
Concurrent enrollment of RNSG 1105, RNSG 1144, RNSG 1160, and RNSG 1115. If RNSG 1115 has been successfully completed concurrent enrollment is not required. Failure of RNSG 1413, 1160, 1105, 1144, and/or 1115 will require repeating all Level I Semester I courses.

B. STUDENT LEARNING OUTCOMES

At the completion of the course, the student will be expected to:

1. Identify the purpose of nurse practice acts, standards for nursing practice, and guidelines for professional practice.
2. Develop an understanding of nursing practice with a focus on basic concepts and nursing skills.
3. Identify the role of the nurse in assisting patients in the management of the comfort, physiological, safety, and situational needs.
4. Understand the principles of therapeutic communication.
5. Utilize the nursing process within a structured setting with individual clients from diverse populations experiencing common, well defined, reoccurring alterations in health.
6. Understand guidelines for effective documentation meeting ethical and legal standards.
7. Describe pharmacological and non-pharmacological therapies used in patient care.
8. Utilize information technologies to retrieve information and accurately document patient care.
9. Identify safety and infection control procedures to protect patients and health care personnel.
10. Discuss nursing care of patients with integumentary and genitourinary disorders.
11. Understand the needs of patient's cultural, language, ethnic, or spiritual needs.
12. Understand basic concepts of nutrition and the role it plays in patients overall health.

Upon satisfactory completion of RNSG 1413, the student will meet the following:

SCANs (Secretary's Commission on Attaining Necessary Skills) Competencies foundations skills found within this course are: C1, C3, C4-7, C9, C11-17, F2-9, F11-15, & F17.

SPC ADNP Graduate Outcomes: 1-5.

DECs (Differentiated Essential Competencies) are listed in each blackboard module.

C. TEACHING & EVALUATION

Teaching methods: lecture, scenarios, case studies, focus learning groups, ATI learning modules

Evaluation methods: exams, ATI testing

Web Based: online assignment submissions, blackboard, ATI testing

If you are having difficulty accessing or using any components of Blackboard contact Brooke Walker at bawalker@southplainscollege.edu or call 806-716-2180.

D. ACADEMIC INTEGRITY

Students are expected to adhere to the professional standards set forth in the Associate Degree Nursing Program School of Nursing Student Handbook, as well as the American Nurses Association Code of Ethics for Nurses. It is the responsibility of the School of Nursing to teach and model professional behaviors, and it is the responsibility of the student to demonstrate professional and academic integrity. The student is representing the School of Nursing any time they are in the student role, in any location, and are expected to maintain the highest standards. Any point deductions will be taken from the final course average.

Professional Integrity	Point deduction from final course grade
Applies legal and ethical standards	- 1 point per variance
Maintains patient confidentiality	- 1 point per variance
Professional Behaviors	
Exhibits professional attitude	- 0.5 points per variance
Accountable for learning	- 0.5 points per variance
Responds to faculty/staff contact within 24 hours	- 0.5 points per variance
Attends all appointments, including appointments with faculty and retention counselors	- 0.5 points per variance
Scheduling and Attendance	
Adheres to institutional policies and procedures related to scheduling	- 0.5 points per variance
Accountable for developing and adhering to schedule	- 0.5 points per variance

E. PLAGIARISM POLICY

Refer to the SPC College Catalog. Refer to the “Honesty Policy” located in the student handbook. Please Note: Cheating or plagiarism will not be tolerated and will result in failure of the course.

F. ATTENDANCE POLICY

1. The SPC ADNPN policy must be followed. Refer to the SPC ADNPN Nursing Student Handbook to review this policy. In addition, refer to the attendance policy found in the South Plains College Catalog.
2. Punctual and regular class attendance, as stated in the SPC handbook, is required of all students attending South Plains College. According to SPC Student Handbook, there are no excused absences. The Instructor/course leader has the prerogative of dropping the student from the course for any absences.
 - a. Students are expected to attend all lecture days. In the event of illness, it is the student's responsibility to notify his/her instructor. The student can miss no more than four (4) hours of classroom lecture. A student missing more than four (4) classroom lecture hours will be dropped from RNSG 1413. The course leader may initiate the withdrawal of the student for any absences. Reinstatement is handled on an individual basis.
 - b. Do not be tardy for lecture; students late to class may receive deductions on professional standards.
 - c. Cellular phones **must be turned off** during the lecture period or while in the NLRL (nursing learning resource lab). Failure to turn off phone before class may result in deductions on professional standards.

G. TEXTBOOKS AND OTHER MATERIALS

Required Resources

- Ackley, B. J., Ladwig, G. B., & Makic, M. (2016). *Nursing diagnosis handbook: An evidence-based guide to planning care* (11th ed.). Elsevier: Mosby. ISBN: 9780323322249
- ATI Nursing Education. (2016). *Fundamentals for Nursing: Review module* (9th ed.). Assessment Technologies Institute, LLC.
- ATI Nursing Education. (2016). *Nutrition for Nursing: Review module* (9th ed.). Assessment Technologies Institute, LLC.
- ATI Nursing Education. (2016). *Pharmacology for Nursing: Review module* (9th ed.). Assessment Technologies Institute, LLC.
- Houghton, P., & Houghton, T. (2009). *APA: The easy way* (2nd ed.). XanEdu. ISBN: 9780923568962
- Kee, J. (2014). *Laboratory and diagnostic testing with nursing implications* (10th ed.). Pearson.
- Taylor, C., Lillis, C., & Lynn, P. (2015). *Fundamentals of Nursing: The art and science of person-centered nursing care* (8th ed.). Wolters Kluwer. ISBN: 9781451185614
- Any Nursing Drug Handbook (not Davis)

Recommended

American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: Author.

Black, B. P. (2017). *Professional nursing: Concepts & challenges* (8th ed.). Maryland Heights, MO: Saunders Elsevier.

Hinkle, J., & Cheever, K. (2014). *Brunner & Suddarth's textbook of medical-surgical nursing* (13th ed.). Wolters Kluwer Health: Lippincott Williams & Wilkins.

H. ASSIGNMENTS

Unit Exams

Each unit exam includes 70 questions. Students will receive 1.5 minutes per question. Students must receive a cumulative grade of 77% or better on all exams, including the ATI Fundamentals exam, to pass RNSG 1413. Exams scores will not be rounded. Assignments will not be included until a 77% exam average is obtained. Students receiving less than a 77% on any exam must meet with the retention counselor. Unit exams will consist of **74%** of the final course grade. The exam policy includes the following:

1. Personal belongings are not allowed in the lab during testing.
2. Pencils, calculators and scratch paper will be issued to students prior to exam. These items must be returned prior to exiting testing area.
3. Cell phones and/or smart watches are not allowed in the lab during testing.
4. Students must adhere to lab rules.
5. Hats or hoodies may not be worn.
6. Talking will not be permitted; questions will be answered by an instructor.
7. Any action interpreted as cheating by facilitating instructor may result in immediate removal from testing lab, a zero recorded for the test grade and possible removal from SPC nursing program.

Students will be required to take a fundamentals ATI predictor exam. The ATI exam will include 70 questions and students will have one minute per question. The purpose of the exam is to evaluate the competency of the student's knowledge of fundamentals. Students will receive a level from ATI and the grade will be calculated accordingly.

Level	Score
Level 3	95
Level 2	85
Level 1	70
Below Level 1	60

The student must achieve a weighted average of 77% or greater on the unit exams and ATI fundamentals to pass the course.

ATI Skills Modules

Students will be required to complete the ATI pretest, learning module and post-test for each skill module assigned. Failure to complete pretest and learning

module will result in a **10-point deduction** on the final posttest. Pretest and lesson must be completed by 2300 the day prior to lecture. Posttest must be completed by 2300 on the day of lecture. ATI posttests will account for **18%** of the final course grade. Failure to complete the skills modules by the due date will result in a zero.

Practice ATI Exams/Focused Review

Student will be required to complete two forms of the ATI practice tests for both fundamentals and nutrition. Focused review (FR) and homework will be required for the first practice test completed, nutrition and fundamentals. Students who fail to complete FR and homework will receive professional standard deductions. ATI required FR and homework schedule, please see below:

Practice Exam Score	ATI Focused Review Required Time
59 or below	4 Hours (minimum)
60-64	3 Hours (minimum)
65-69	2 Hours (minimum)
70-79	1 Hour (minimum)
80 or above	Focused Review Not Required

Focused Review: Students may locate the Focused Review tab by going to “My Results” and finding the test you want (under the “Practice Assessments” tab). To the right, you will see a button for Focused Review (FR). Once you click on that button, it will take you to the chapters in the online book to review for that particular missed question, as well as videos and other resources (test strategies, nursing process, etc.) that will help you. Print out your results pages, as the FR correlates with your results. It also facilitates doing your homework at the same time. You can leave the FR and come back in at any time. Your time spent is recorded for each sign-in and your total time.

Homework: For each question missed the student must provide 3 important key points to remember about the topic and subtopic. Submit homework in Blackboard under the assignment link. Please see course schedule for due dates. Late assignments will be subject to deductions on the professional standards.

ATI Nutrition Exam

Students will be required to take a nutrition ATI predictor exam. The ATI exam will include 70 questions and students will have one minute per question. The purpose of the exam is to evaluate the competency of the student’s knowledge of nutrition. Students will receive a level from ATI and the grade will be calculated accordingly. The ATI nutrition exam will account for **3%** of the final course grade.

Level	Score
Level 3	95

Level 2	85
Level 1	70
Below Level 1	60

Simulation Discussion Board Forum

Students will be assigned one (1) day to attend a simulation experience. Students will be required to complete a discussion board forum accounting for **5%** of the course grade. Students may find the grading rubric on Blackboard under Course Content, Discussion Board Forum. This assignment is due by the dates listed on the course schedule in the syllabus. Failure to complete the discussion board by the due date will result in a zero. It is the student's responsibility to locate the discussion forum in blackboard; if a student is unable to view the forum the student should notify the course facilitator on the first day of the forum and notify information technology.

Pharmacology Preparation

Students will prepare to review medications as assigned in the course, see course schedule. Students will complete medication cards for the medications on the assigned list and upload in Blackboard under the assignment link. Students must bring completed medication cards to all clinical/simulation experiences. Failure to complete the assignment by the due date will result in professional standard deductions.

Additional Practice

At any time a faculty member can require a student to complete additional practice in the simulation lab to ensure student and client safety in clinical. If not completed, the student will receive deductions on professional standards.

I. ASSIGNMENT POLICY

Assignments are due by the assigned dates and times in Central Standard Time (CST) on the class schedule. Students should contact faculty prior to the due date and time if they anticipate material will be late. Please note contacting faculty will not guarantee the receipt of an extension for the assignment. Please allow enough time for preparation and submission of each assignment prior to the scheduled due date. Failure to complete any assignment by due date will result in professional standard point deductions on final grade. See **ACADEMIC INTEGRITY** section **D** for additional information.

Student must scan required documents before uploading into Blackboard. Scanners are located in the classroom and the video reviewing room. Students may also choose an app of choice (I-scan, etc.). Assignments must be uploaded as a PDF.

J. GRADING POLICY

The grade for this course will be determined upon completion of the following components:

Unit Exams (6)	74%
*Simulation Discussion Board Forum	5%
*ATI Nutrition Exam	3%
*ATI Skills Module Posttest Assignments (7)	18%
*ATI Focused Review/Homework (2)	Pass/Fail

*** Additional assignments will not be included until a 77% exam (unit exams) average is obtained.**

Course grades are based on the following scale:

A = 90-100%

B = 80-89.99%

C = 77-79.99%

D = 60-76.99%

F = below 60%

K. COURSE SCHEDULE

Date	Topic	Required Readings
1/14 0900-1100	Syllabus Review 1105, 1413, 1115	RNSG 1105, RNSG 1413, RNSG 1115 (On Blackboard for each course)
1100-1200	Lab Orientation/Infection Control	
1/15 0900-1100	Infection Control, Medical & Surgical Asepsis	ATI 10, 11; Taylor 23
1/17 0900-1000	Health Care Delivery Systems	ATI 1; Taylor 8
1000-1200	Vital Signs	ATI 27; Taylor 24
1/22 0900-1000	Rest & Sleep	ATI 38; Taylor 33
1000-1200	Ergonomic Principles, Ambulation, Transferring, ROM, Mobility & Immobility	ATI 14, 40; Taylor 32
1300-1500	Critical Thinking & Critical Judgement; The Interprofessional Team, Legal & Ethical Responsibilities	ATI 8, 2-4; Taylor 6, 7, 9, 10
1/24 0900-1030	Exam 1: Infection Control, Surgical Asepsis, Health care Delivery Systems, Vital Signs, Rest & Sleep, Ergonomic Principles, ROM, Mobility, Critical	

	Thinking & Clinical Judgement, The Interprofessional Team, Legal & Ethical Responsibilities	
1030-1200	Client & Home Safety, Security & Disaster Plans	ATI 12, 13, 15; Taylor 26
1300-1400	Hygiene	ATI 37; Taylor 30
1600-1700	Exam 1 Review	
1/29		
0900-1000	Sensory Perception	ATI 45; Taylor 43
1030-1130	Nutrition & Oral Hydration	ATI N 1-3, ATI 39; Taylor 35
1130-1200 1300-1400	Nursing Throughout the Lifespan	ATI 16-25; Taylor 3, 4, 17, 18, 19, 21
1/30		
1100-1230	Exam 2: Client & Home Safety, Security & Disaster Plans, Sensory Perception, Nutrition & Oral Hydration, Nursing Throughout the Lifespan, Hygiene	
2/4		
0900-1030	Pharmacology & Parenteral Therapies	ATI 46-47; Taylor 28
1030-1130	Exam 2 Review	
2/5		
0900-1115	Pharmacology & Parenteral Therapies	ATI 48-51; Taylor 28
2/6		
0900-1200	Pharmacology & Parenteral Therapies	ATI 48-51; Taylor 28
2/11		
0900-1000	Delegation & Supervision, Nursing Process/Lab	ATI 6-7; Taylor 10-15
2/12		
0900-1045	Exam 3: Pharmacology & Parenteral Therapies, Delegation & Supervision, Nursing Process/Lab, Calculations	
1045-1200	Nutrition: Vitamins & Minerals	ATI (N) 1, 2, 3, 4; Taylor 6-7
1300-1500	Specimen Collection for Glucose Monitoring Diabetes Management	ATI 52; Taylor 35
1500-1600	Exam 3 Review	
2/14		
0900-1000	Nutrition: Healthy Eating, Modified Diets, Nutrition Across the Lifespan	ATI Nutritional 4, 7, 8, 11; Taylor 35
1000-1200	Pain Management	ATI 41;
1300-1500	Psychosocial Integrity, Death & Dying, Self-Concept & Sexuality, Grief, Loss, & Palliative Care, Coping	ATI 32-34, 36; Taylor 34, 40, 41, 42, 44
1500-1530	Complementary & Alternative Therapies	ATI 42; Taylor 27
2/25		
0800-1700	Reese Simulation Lab	Reese Campus
2/26		

0900-1030	Urinary Elimination	ATI 44; Taylor 36
1130-1200 1300-1330	Airway Management	ATI 53; Taylor 38
1330-1430	Bowel Elimination	ATI 43; Taylor 37
2/27 0800-1700	Reese Simulation Lab	Reese Campus
2/28 0900-1045	Exam 4: Nutrition: Vitamins & Minerals, Pain Management, Specimen Collection for Glucose Monitoring, Diabetes Management, Nutrition: Healthy Eating, Modified Diets, Nutrition Across the Lifespan, Pain Management, Psychosocial Integrity, Death & Dying, Self-Concept & Sexuality, Grief, Loss, & Palliative Care, Coping, Complementary & Alternative Therapies, Urinary Elimination, Airway Management, Bowel Elimination	
1045-1200 1300-1500	Information Technology, Admissions, Transfers and Discharges	ATI 5, 9; Taylor 16
1500-1600	Exam 4 Review	
3/1 0800-1700	Reese Simulation Lab	Reese Campus
3/4 0800-1200	PowerChart Training Lab (Computer Charting)	Medical Office Plaza
1300-1600	Hospital Orientation Lab	University Medical Center
3/5 0900-1100	Pressure Ulcers and Wounds, Wound Management, Bacterial, Viral, Fungal and Parasitic Infections	ATI 55, 56; Taylor 31
1100-1200	Nasal Gastric Intubation	ATI 54; Taylor 35
1300-1530	TPN & Enteral Feedings	ATI N 9, 10; Taylor 35
3/11-3/15	Spring Break	
3/20 0900-1000	Cultural and Spirituality	ATI 35; Taylor 5, 45
3/28 0900-1100	Alterations in Nutrition	ATI N 12-16; Taylor 35
1300-1500	Fluid Imbalance and Electrolytes	ATI 57, 58; Taylor 39
4/1 0900-1600	Reese Advanced Simulation 1	Reese Campus
4/4 0900-1045	Exam 5: Cultural and Spirituality, Fluid Imbalance and Electrolytes, Information Technology, Admissions, Transfers and Discharges, Pressure Ulcers and Wounds, Wound Management, Bacterial, Viral, Fungal and Parasitic Infections, Nasal Gastric Intubation and Enteral Feedings, Alterations in Nutrition, TPN	

1300-1400	Exam 5 Review	
4/8 0900-1600	Reese Advanced Simulation 2	Reese Campus
4/15 0900-1600	Reese Advanced Simulation 3	Reese Campus
4/18 0900-1100	ATI Nutrition Exam	
5/1 1100-1200	Second Semester Instructions	
5/2 0900-1030	ATI Fundamentals Exam	

L. ASSIGNMENT DUE DATES

ATI Skills Topic	Pre-test due date by 2300	Post-test due date by 2300
Healthcare Fraud, Waste & Abuse Prevention	January 16 th	January 17 th
HIPAA	January 21 st	January 22 nd
Personal Hygiene	January 23 rd	January 24 th
Pain Management	February 13 th	February 14 th
Specimen Collection	February 11 th	February 12 th
Diabetes Management	February 11 th	February 12 th
Airway Management	February 25 th	February 26 th

Other Assignments	Due Date by 2300
Communicable Diseases, read/sign	January 15 th
Active Shooter Video	January 19 th
Pharmacology Preparation Medication List 1	February 9 th
Pharmacology Preparation Medication List 2	February 16 th
Discussion Forum Simulation Assignment	March 3 rd
ATI Nutrition Practice Test A	March 23 rd
ATI Fundamentals Practice Test A	March 29 th
ATI Nutrition Practice Test A Focused Review and HW	April 5 th
ATI Nutrition Practice Test B	April 12 th
ATI Fundamentals Practice Test A Focused Review & HW	April 19 th
ATI Fundamentals Practice Test B	April 26 th
Faculty Assessment in Blackboard	May 6 th

M. REMEDIATION

Remediation is one essential component to ensure student success. Therefore, any student scoring below 77% on any exam is required to make an appointment with the retention counselor as designated by the instructions of the course facilitator. The student will be further required to meet weekly with the retention counselor to develop an individualized plan for success.

Contact with the retention counselor must be made within 72 hours (3 business days) after the exam grades have been released. The initial meeting must be completed prior to the next exam. Students who are unsuccessful on exams and do not meet with the retention counselor within the timeframe may receive deductions from Professional Standards and will be at risk for failure of the course.

In an effort to enhance student success in the program, students may self-refer or be referred by faculty for reasons other than exam success, such as time management, test-taking skills or test anxiety.

N. GRIEVANCE POLICY

The student is responsible for scheduling an appointment with the instructor/course leader to discuss the final grade or discipline action. If the student is not satisfied, he/she should schedule an appointment with the Level I Semester I Coordinator. The next chain of command is to make an appointment with the Health Occupation Dean. The procedure will follow the same as found in the student handbook.

O. ACCOMMODATIONS

South Plains College strives to accommodate the individual needs of all students in order to enhance their opportunities for success in the context of a comprehensive community college setting. It is the policy of South Plains College to offer all educational and employment opportunities without regard to race, color, national origin, religion, gender, disability or age (SPC Equal Opportunity Policy – General Catalog).

Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland (Student Health & Wellness Office) 806-716-2577, Reese Center (Building 8) 806-716-4675, or Plainview Center (Main Office) 806-716-4302 or 806-296-9611.

P. VERIFICATION OF WORKPLACE COMPETENCIES

No external learning experiences are provided in this course but learning experiences in the lab provides the setting in which the student applies workplace competencies. Successful completion of the designated Level I Semester I course outcomes will allow the student to continue to advance within the program. Successful completion of RNSG 1413 meets the requirements as stated in the Differentiated Essential Competencies of Graduates of Texas Nursing Program.

Q. CAMPUS CONCEALED CARRY

Campus Concealed Carry - Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to the SPC policy at:

http://www.southplainscollege.edu/human_resources/policy_procedure/hhc.php
Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report any violations to the College Police Department at 806-716-2396 or 9-1-1.

R. TITLE IX PREGNANCY ACCOMODATIONS

If you are pregnant, or have given birth within six months, Under Title IX you have a right to reasonable accommodations to help continue your education. To activate accommodations you must submit a Title IX pregnancy accommodations request, along with specific medical documentation, to the Director of Health and Wellness. Once approved, notification will be sent to the student and instructors. It is the student's responsibility to work with the instructor to arrange accommodations. Contact the Director of Health and Wellness at 806-716-2362 or by email for assistance.