

CARE & PREVENTION OF ATHLETIC INJURIES

DIVISION OF ARTS & SCIENCES • KINESIOLOGY
SOUTH PLAINS COLLEGE • LEVELLAND CAMPUS

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Care and Prevention of Athletic Injuries (3:3:0): This course will have an emphasis on care and prevention of common athletic injuries and the treatment of athletic injuries. An introduction to athletic training is included.

- I. Purpose: To meet physical education requirements for an Associate in Science degree as well as one requirement for transfer students working toward a bachelor’s degree.
- II. Course Objectives: By the end of this course, the student should be able to recognize and care for common sports injuries, use good judgment in prevention of athletic injuries, handle emergency situations within their capabilities and demonstrate basic taping techniques.
- III. General Course Information:
 - A. Text: Essentials of Athletic Injury Management, 11th Edition
 - B. Reference: NATA Athletic Training Educational Competencies, 5th Edition
 - C. Attendance Policy: Regular class attendance is required of all students. A student is allowed three (3) absences. After the fourth absence your grade will be dropped 10 points per absence. Illness, college sponsored activities, funerals and jury duty are excused but you must have documentation. **You, the student, are responsible for material missed during your absence.**

A student may be administratively withdrawn from the course when absences become excessive
 - D. Evaluating Policy: Care and Prevention of Athletic Injuries (KINE 2356) is a three-credit hour college level course. Evaluation is based class attendance, quizzes, participation, individual project and written and practical examinations.
 - E. Grading Policy: The following scale will be used for grading:

1000-900: A

899-800: B

799-700: C

699-600: D

599 or below: F

150 Points	Class Attendance/Participation
250 Points	Personal Binder (Worksheet/Assignments)
200 Points	Taping Practical exam
300 Points	Written exams (3 exams at 100 points each)
100 Points	Comprehensive final exam

- F. Assignment Policy: Assignments will include basic physical fitness exercises and treatment and rehab routines in order to fully understand some of the material related to the topic. Students are expected to participate fully in these assignments. All supplies will be provided.

SPC Standard Disability Statement: Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland (Student Health & Wellness Office) 806-716- 2577, Reese Center (Building 8) & Lubbock Center 806-716-4675, or Plainview Center (Main Office) 806-716-4302 or 806-296-9611.

Non-Discrimination Statement: South Plains College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Vice President for Student Affairs, South Plains College -1401 College Avenue, Box 5, Levelland, TX 79336, 806-894-9611

Campus Concealed Carry Statement: Campus Concealed Carry - Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations, please refer to the SPC policy at: (http://www.southplainscollege.edu/human_resources/policy_procedure/hhc.php)

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report violations to the College Police Department at 806-716-2396 or 9-1-1.

I will strictly enforce standard, accepted norms of scholastic honesty as defined by South Plains College policy.

I have read and understand the attached syllabus for Care and Prevention of Athletic Injuries (KINE 2356).

PRINTED NAME

SIGNATURE

DATE