EDUC1300 Academic Strategies (based on Learning Frameworks)

The Teaching & Learning Center
South Plains College

Instructor:
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Office Hours/Location/Contact:
Levelland Library, **Rm. 329**
Lubbock Downtown, **Rm. 1026**
806.716.4651

Monday	Tuesday	Wednesday	Thursday	Friday
10:30-11:00 12:15-2:45	12:15-12:45	10:30-11:00 12:15-2:45	12:15-12:45	1:00-2:00pm (by appt. due to campus location variance)
Levelland	Lubbock	Levelland	Lubbock	Lubbock/Levelland/HS Campus Visits

Required Materials:

- ***Consistent and reliable <u>access to a computer</u> (not a cell phone) <u>with internet access</u>*** for daily online work related to this course

- **College Success from OpenStax** (This is a <u>free</u> online textbook and it's linked in your blackboard course), ISBN: 978-1951693183

- **Digital or Printed Calendar**

- **Microsoft Office 365** (<u>Free</u> to SPC students) for email, file storage, and MS Office applications: Word, Excel, PowerPoint, Outlook, OneDrive, etc. Visit https://office.com to sign up using your SPC login credentials. Contact the help desk for assistance logging in for the first time: 806.716.2600 or email HelpDesk@SouthPlainsCollege.edu

Course Description:
This course is designed to help you create greater success in college and in life. This is achieved by helping students explore who they are, understand where they come from, and decide where they are going. By applying the strategies of active learning, self-motivation, self-management, self-awareness, and interdependence you will create greater academic, professional, and personal success. The most important part of this course, however, is learning more about yourself. You will learn who you are as a college student and human being, and you will learn what it takes for you to keep yourself balanced and on course for success.
This course is a study of 1) research and theory in the psychology of learning, cognition, and motivation, 2) factors that impact learning, and 3) the application of learning strategies. Theoretical models of strategic learning, cognition, and motivation serve as the conceptual basis for the introduction of college-level student academic strategies. Students use assessment instruments (e.g., learning inventories) to help them identify their own strengths and weaknesses as strategic learners. Students are expected to integrate and apply the learning skills discussed across their own academic programs and become effective and efficient learners. Students developing these skills should be able to draw continually from the theoretical models they have learned. This course is recommended for all students, especially nontraditional students and students on academic probation, and is required for students returning to college after academic suspension or by placement by the Admissions Committee.

Course purpose:

The purpose of this course is to prepare students for college and life success, equipped with knowledge, skills, strategies and tools to apply to accomplish a variety of tasks in varying contexts.

Student Learning Outcomes:

Construct a personal learning system informed by the research and theory in the science and psychology of learning, cognition, and motivation.	Students will read about how learning works, metacognition, victim/creator mindsets, the growth mindset, and complete associated homework assignments, and discussion/journal reflections. Students will identify their personal strengths and weaknesses as a strategic learner and apply their knowledge to classroom learning through discussion and journal posts. Students will demonstrate the use of learning strategies and study skills by taking notes and applying reading and study strategies and completing associated homework assignments and digital exercises. Students will learn cognitive and metacognitive strategies to increase college academic success.
Identify factors that impact learning and apply techniques and strategies to achieve personal, financial, academic, and career success.	Students will take a variety of assessments to identify and understand what motivates their learning (e.g., eLASSI, MBTI, VARK, multiple intelligences), as well as the unique ways in which they learn. Students will reflect on these measures in discussion/journal prompts, homework assignments, and the final reflection success paper. Students will also complete homework assignments relevant to financial, personal, academic, and career goals, culminating in a final reflection paper.
Develop an educational and career plan based on individual assessments and exploration of options.	Students will work throughout the semester to develop education and career plans, including setting up advising sessions, taking career assessments, planning their academic semester, conducting career research, completing relevant homework, reflecting in discussion posts, and completing a final and reflecting on the connections between career and academic goals. Additionally, students will identify and file the appropriate degree plan with proper advisement, write and prioritize short-term and long-term goals related to their time at South Plains College, and explore career options incorporating the use of related assessments and tools.
Identify and understand how soft skills are directly correlated to personal, academic, and career success.	Students will read and learn about important soft skills, including how to accept personal responsibility, discover self-motivation, master self-management, employ interdependence, gain self-awareness, and develop emotional intelligence. This will be done through homework assignments, digital exercises, discussion posts, journal reflections, and the final reflection paper.

Course Evaluation:

Grades are based on the following scale:
90 to 100 = A 80 to 89 = B 70 to 79 = C 60 to 69 = D 0 to 59 = F

Your Grades will be based on the following percentages:

Participation (Discussion Board, Journal Entries, Reflective Responses, Daily Work)	40%
Student Success **Assignments** (Weekly Assignments, Quizzes)	50%
Final Capstone Project	10%
TOTAL	100%

Missed or Late Assignment Policy:

Each weekly module will open on Monday morning @ 8 am and close the following Sunday night @ 11:59 pm. You may work on your weekly assignments *anytime* during the 7 days it is open and available, but the deadline is firm. If you miss the original deadline for any reason, you will have an additional 5 days to submit your late work with a 10 point per day penalty; no late work will be accepted after 5 days past due.

Assignment Submission Policy:

Submit all assignments using **MS Office** tools or **PDF** files. **I MUST be able to open, download, and view your assignments (I do not accept Google Forms or Apple iWorks Forms)!** If I cannot open an assignment submission, I will give you one more chance to submit an assignment in the correct format. After that, you will receive a 0 for any assignment submitted in an unapproved or inaccessible format.

Attendance Policy:

Students must actively attend and participate in the classroom and/or online environment to reach a measure of success.

Failing to attend class and/or failing to participate in the online environment will affect your grade in this course. You may be dropped from the course with an 'X' or an 'F' if I believe the objectives of the course cannot be met due to your lack of participation and attendance.

If you have excessive absences, I will try to contact you to make an action plan. If you have excessive absences and you do not respond to my attempts to contact you, you will receive an F in the course.

- Students are expected to log in to Blackboard frequently in order to stay up to date with assignments, due dates, and email messages.
- If a student goes 7 days (one week) without logging in to Blackboard and/or responding to attempts from the instructor to contact them, they may be dropped from the course.

Withdraw Policy:

The last day to withdraw/drop with a grade of "W" is **Thursday, April 30, 2026**. It is the student's responsibility to withdraw from this course. Otherwise, students will be assigned their earned letter grade at the end of the course. Course averages will be updated each week, and guidance will be provided throughout the term to help students decide whether they need to drop the class or not. For more information regarding drops/withdrawals, please visit https://www.southplainscollege.edu/admission-aid/apply/schedulechanges.php.

Tutoring Services:

SPC offers free tutoring to all SPC Students (in-person, online, and dual credit). Book one-on-one sessions both in-person or online with SPC tutors during regular business hours or access free after-hours tutoring through a partnership with BrainFuse using our online platform (accessible through Blackboard by visiting Tools in the menu bar)

Questions about tutoring? Visit the Tutoring Services page (From the South Plains College website, click on the Student Services dropdown and click Tutoring)

Library Services:

Library Resource Page (From the South Plains College website, click on the Student Services dropdown and click Library)

Technology Resources:

Computers for Checkout - Chromebooks are available for students to checkout. Contact the Library for additional information at Levelland (806-716-2330 or library@southplainscollege.edu) or at Lubbock Downtown Ctr (806- 716-4682 or referencelub@southplainscollege.edu).

Wireless Internet Hotspots for Checkout - Wireless internet hotspots are available for checkout from the Library on the Levelland campus for students who do not have access to the internet while off campus. More information is available by calling the help line in Levelland (806-716-2330 or library@southplainscollege.edu) or Lubbock (806-716- 4682 or referencelub@southplainscollege.edu).

Health & Wellness:

Professional Counseling is available to students at the Levelland, Reese, Lubbock, and Plainview campuses by appointment.

Walk-In Hours: (Levelland and Reese Campus); Monday - Friday, 8:00 am – 4:00 pm

Appointment Scheduling Hours: (All Campuses); Monday - Friday 8:00 am – 3:00 pm

To Schedule an Appointment Call: 806-716-2529

Online Syllabus Statements:

For information regarding official South Plains College statements about intellectual exchange, disabilities, non-discrimination, Title IX Pregnancy Accommodations, CARE Team, Artificial Intelligence, and Campus Concealed Carry, please visit
https://www.southplainscollege.edu/syllabusstatements/.

EDUC1300 Course Schedule:

Module/Date	Topic	Reading & Learning Strategy Focus:
Start Here Module Jan 8 -Jan 18	*Welcome to EDUC1300: Class Orientation*	Start Here Module (Blackboard)
Module 1 Jan 19 – Jan 25	*Getting Organized for Success*	LASSI Pre Assessment + Getting to Know Blackboard Ultra & Course Tools
Module 2 Jan 26 – Feb 1	*The Human Brain & Learning*	Reading: Flex Your Cortex (Neuroplasticity & Neuroscience of Learning) Learning Strategy: Pomodoro Technique & Cornell Notes
Module 3 Feb 2 – Feb 8	*Mindset*	Reading: The Learning Myth by Solman Khan Victim vs. Creator Mindset Learning Strategy: LASSI, Focus & Diffuse Thinking
Module 4 Feb 9 – Feb 15	*Anxiety & Attention*	Reading: How to Overcome Being Stuck How to Motivate Yourself Even When You Don't Feel Like it Learning Strategy: GRIT, SMART Goals
Module 5 Feb 16 – Feb 22	*Information Processing*	Reading: Using Brain Research to Boost Studying How to Maximize Working Memory How to Study (Dr. Stephen Chew Learning Series) Speaking & Writing Study Strategies Learning Strategy: Interleaving, Spaced Learning, & Retrieval Practice
Module 6 Feb 23 – Mar 1	*Information Processing, cont.* + *Academic Coaching*	Reading: Continued from above. Learning Strategy: Academic Coaching for College & Career Success
Module 7 Mar 2 – Mar 8	*Time Management*	Reading: Time & Self-Management for College Students How to Exert Self-Discipline Even When You Don't Have Any How to Focus Intently & Beat Procrastination Learning Strategy: Time & Self-Management Tools

Module 8 Mar 9 – Mar 15	*Self-Testing & Testing Strategy*	Reading: How to Study (Dr. Stephen Chew Learning Series) Speaking & Writing Study Strategies Learning Strategy: Studying & Testing
Mar 16 – Mar 22	*Spring Break*	Spring Break @ SPC; all offices closed.
Module 9 March 23-29	*Academic Integrity*	Reading: The New Rules of AI AI: A Learning Revolution AI Literacy in the Age of ChatGPT University & SPC Policies on Generative AI Learning Strategy: Ethical & Effective AI; Academic Integrity
Module 10 March 30-April 5	*Financial Literacy*	Reading: Ch 10 College Success – Financial Literacy Paying for College Learning Strategy: Financial Literacy
Module 11 April 6 – April 12	*Career Planning & Mapping*	Reading: TBA Learning Strategy: Career Coaching for Future Planning
Module 12 April 13-April 19	*Interdependence & Communication*	Reading: Learning Strategy:
Module 13 April 20- April 29	*Health & Wellness*	Reading: Learning Strategy:
Final Module April 30 – May 5	*Course Wrap-up + Capstone Project*	No Final Exam in EDUC1300 – **Final Capstone Project** due no later than **Tuesday, May 5th @ Midnight**.
		Modules open Monday mornings @ 8 am and close the following Sunday @ 11:59 pm. The Course Schedule is an overview of the readings/topics/learning strategies discussed in EDUC1300, but the Modules in Blackboard will contain detailed information about each learning module. You must log in to obtain that information.

+Although rare, I reserve the right to make changes to assignments and participation grades as needed to meet learning outcomes. These changes will be communicated to students as soon as possible.