HELD AT:

APRIL 24-25, 2020

SOUTH PLAINS COLLEGE
BOYS AND GIRLS TRACK AND FIELD MEET SCHEDULE
Contested at South Plains College Track

2020 Region 1-A/AA Meet Schedule

Friday Field

<table>
<thead>
<tr>
<th>Time</th>
<th>Boys</th>
<th>Girls</th>
</tr>
</thead>
</table>
| 8:30 AM | 1A High Jump  
                     2A Long Jump/Shot Put | 1A Discus Throw/Pole Vault  
                     2A Long Jump | |
| 11:30 | 1A Long Jump/Shot Put  
                     2A High Jump | 1A Long Jump  
                     2A Discus Throw/Pole Vault | |

Friday Running Preliminaries (1A Boys, 2A Boys, 1A Girls, 2A Girls)
9:00 3200m Run Finals

2:30 400m Relay  
3:00 110m Hurdles  
3:20 100m Hurdles  
3:40 100m Dash  
4:00 800m Relay  
4:30 400m Dash  
4:55 300 Hurdles  
5:20 200m Dash  
5:40 1600m Relay

Saturday Field

<table>
<thead>
<tr>
<th>Time</th>
<th>Boys</th>
<th>Girls</th>
</tr>
</thead>
</table>
| 8:30 AM | 1A Discus/Pole Vault  
                     2A Triple Jump | 1A High Jump  
                     2A Shot Put/Triple Jump | |
| 11:30 AM | 1A Triple Jump  
                     2A Discus/Pole Vault | 1A Shot Put/Triple Jump  
                     2A High Jump | |

Saturday Running Finals (1A Boys, 2A Boys, 1A Girls, 2A Girls)
2:30 400m Relay  
2:45 800m Run  
3:05 110m Hurdles  
3:20 100m Hurdles  
3:30 100m Dash  
3:40 800m Relay  
4:00 400m Dash  
4:15 300m Hurdles  
4:35 200m Dash  
4:55 1600m Run  
5:30 1600m Relay
ENTRY PROCEDURES:
1. a. Area meet directors must send area results to the SPC track office: Area Meet Directors MUST send a complete set of results from your district meet to the SPC Track Office so that they arrive in the SPC Track Office by Noon, Monday, April 20, 2020. Fax or emailed copies are permissible. These results are to be sent DIRECTLY to the SPC Track Office, NOT to the Regional Athletic Director or the Regional Director. Insure time/distance/height and finishing place for the area meet are included in the results. See appropriate address and fax number of meet director on the final page of these instructions.

b. Coaches of qualifying athletes must enter their athletes on the direct athletics meet entry website. The coach of each qualifying athlete MUST enter their athlete(s) in the appropriate event(s) on the web-based meet entry service DirectAthletics.com no later than Monday, April 20 at 8:00 pm. Coaches must enter athlete’s performances from Area meets for seeding purposes. See the attached instructions for use of the Direct Athletics entry service. Failure to follow correct entry procedure may cause disqualification of entries!

2. Qualifiers who cannot compete: A coach who has a qualifier who cannot compete in the region meet MUST contact THE DIRECTOR OF HIS/HER AREA MEET no later than Wednesday, April 22 before noon. It is also the responsibility of this coach to contact the coach of the next alternate and inform them of the open position.

3. Alternates who move into qualifying positions: Coaches of alternates who have been moved up to qualifying positions must call the director of the area meet to declare that their athlete will compete. The meet director will enter confirmed alternates after the final entry confirmation by district/area meet directors.

4. Final entry confirmation procedures: the director of the area meet must call the SPC Track Office between 8:00 a.m.-noon on Wednesday, April 22 to make final declarations of all entries from your district/area. The area meet director must call to confirm entries even if there are no changes. Any changes in qualifiers on the official entry list will be made at this time. Individual coaches of alternates may not call in changes. Changes can only be made by the area meet director. It is the coach’s responsibility to inform the area meet director of any changes due to ineligibility, injury, etc. It is the area meet directors responsibility to report all changes from your area to the spc track office on Wednesday, April 22 before noon. It is the meet director’s responsibility to add confirmed alternates to the entry list after this confirmation process. No changes will be accepted except at this call-in time!

There will be no changes made on meet day because of someone's failure to notify the area meet director of a change or due to the area meet director's failure to notify or send in area results to the SPC Track Office. All correspondence concerning the Region 1-1A Track & Field Meet needs to be sent directly to the SPC Track Office.

5. A copy of all of this information should be given to coaches of all qualifiers by the AREA Meet Director at the district or area meet.
How to Submit Entries - Track & Field

STEP 1 - Accessing your directathletics account Each coach must have a Direct Athletics username and password for his/her team. If you don't know your username and password, you must register. You will use the same account to enter all meets run through Direct Athletics.

**NOTE ABOUT MEN'S AND WOMEN'S ACCOUNTS: You control only one gender at time, so you will complete the below steps for your Men, and then switch to your Women's team and repeat the process (or vice versa). The team you are controlling is listed on the blue navigation bar across the top of your account, for example:

Sport: Track & Field Team: Guilford (M)
This indicates that you are controlling the Guilford MEN'S team (M=MEN). To switch to your Women's team, you would select "Guilford (W)".

STEP 2--Setting Up Your Online Roster
Before entering an athlete into a meet, you must add all attending athletes to your roster. If an athlete is already on your roster (from previous seasons or meets) you do not need to add him/her again. 1) Upon logging in, click the TEAM tab. (New users will automatically be in the TEAM module)
2) If you have used Direct Athletics before, you will see your existing athletes on your roster. New Users should click the green "Add Athletes" link.
3) Click the green "Add Athletes" link under the Team Roster header. Select an approximate number of athletes you would like to add (you can add more at any time).
4) Enter your athletes' First Name, Last Name, and School Year and click "Submit".
5) You may add, edit or delete athletes on your Team Roster at anytime by clicking the TEAM tab. To add athletes, click the green "Add Athletes" link at any time. To delete or edit athletes, check the box to the left of each athlete(s) and then click the red "Delete Selected" link or the blue "Edit Selected" link respectively.

STEP 3--Submitting Online Meet Entries; Once your athletes are added to your roster, you must submit your entries. 1) In the HOME tab (under Upcoming Meets) or in the SCHEDULE tab, click the green Register button next to the meet you wish to enter.
2) If prompted, choose an entry method. We HIGHLY Recommend using the NEW, "Enter by Athlete" method.
3) Follow onscreen instructions for submitting your entries. You will see a running tally of your entries on the right side of your screen.
4) When you are finished with your entries, click the "Finish" link.
5) You will see a list of your current, submitted entries. Click the appropriate link to receive an EMAIL confirmation or a PRINTABLE confirmation.
6) To edit your existing entries, click the blue Edit Entries button next to the meet name on your Upcoming Meets or complete Schedule.

FOR HELP AND USER GUIDE:
http://www.directathletics.com/help.html#
Attention All Athletic Directors, Coaches, Area Directors, and anyone else involved with the Area Meet:

In order for South Plains College to provide a smooth Championship experience for your teams at the Region 1-1A track meet, there are certain things that must be done, beginning at the Area Meet.

1. Hy-Tek Track and Field Meet Manager Software MUST be used. If you do not have this software, you may purchase it at http://www.hy-tekltd.com/track/winmm/index.html. This is the only software that may be used and typed entries will not be accepted! Various schools through the Region have the software and there are also timing companies that may be hired to provide the service.

2. Once you have the Hy-Tek software, it is required that you format and set-up the meet according to the standard explicitly implied by the UIL. Now that there are two divisions in 1A, it is up to the area director/area meet coordinator to ensure the meets are setup correctly. It is up to each area to know which teams are classified Division 1. To properly label the divisions in the area meet, follow the steps below:
   a. On the home page, click Set-Up (top menu bar, second option from left)
   b. On the Set-Up menu, click Division/Region Names
   c. On the Division/Region Names menu, click Divisions
   d. On the Divisions menu, there will be columns to declare your divisions
   i. Division 1 should use Code 1A and Division Name 1A

3. In the Events menu, you must set up the meet in order and with the specific event numbers mandated by the UIL and associate them with the division in which you compete.
   a. Division 1 will use event numbers 101-134 (see attachment)

4. Date Entry Check List:
   a. Please check that all athlete names are spelled correctly with correct capitalization (ex. John Doe is correct…NOT JOHN DOE or john doe).
   b. The “year in school” should be included for each athlete in the following format:09 for 9th grade, 10 for 10th grade, 11 for 11th grade and 12 for 12th grade.
   c. Relay team members and any alternates (maximum of 6 names) must be included in the database. All names should be entered at the regional level.
   d. The use of relay cards for final declaration is highly recommended.
   e. Input names of the relay team members under each relay, including the relay alternates.
   f. MUST run an entry list report before prelims and finals to determine if any event limitations exist for an athlete.

5. The proper school codes, as required by the UIL, must also be used. The proper school codes for your area schools may be found at http://www.uiltexas.org/files/athletics/track-field-codes.pdf.
   a. The school codes must be used for the Hy-Tek program to work properly. The school code and the school name must be identical to the UIL list. Do not put “HS” or “High School” after the school names. The Hy-Tek program does not identify the school unless both of these items are typed correctly.
UIL Mandated Hy-Tek Event Codes

1A Codes – Division 1 (1A)
101 ..... Women 3200 Meter Run 1A
102 ..... Men 3200 Meter Run 1A
103 ..... Women 4x100 Meter Relay 1A
104 ..... Men 4x100 Meter Relay 1A
105 ..... Women 800 Meter Run 1A
106 ..... Men 800 Meter Run 1A
107 ..... Women 100 Meter Hurdles 1A
108 ..... Men 110 Meter Hurdles 1A
109 ..... Women 100 Meter Dash 1A
110 ..... Men 100 Meter Dash 1A
111 ..... Women 4x200 Meter Relay 1A
112 ..... Men 4x200 Meter Relay 1A
113 ..... Women 400 Meter Dash 1A
114 ..... Men 400 Meter Dash 1A
115 ..... Women 300 Meter Hurdles 1A
116 ..... Men 300 Meter Hurdles 1A
117 ..... Women 200 Meter Dash 1A
118 ..... Men 200 Meter Dash 1A
119 ..... Women 1600 Meter Run 1A
120 ..... Men 1600 Meter Run 1A
121 ..... Women 4x400 Meter Relay 1A
122 ..... Men 4x400 Meter Relay 1A
123 ..... Women Discus Throw 1A
124 ..... Men Discus Throw 1A
125 ..... Women High Jump 1A
126 ..... Men High Jump 1A
127 ..... Women Long Jump 1A
128 ..... Men Long Jump 1A
129 ..... Women Pole Vault 1A
130 ..... Men Pole Vault 1A
131 ..... Women Shot Put 1A
132 ..... Men Shot Put 1A
133 ..... Women Triple Jump 1A
134 ..... Men Triple Jump 1A

**It is required that you set up your meet using these event codes. Entries cannot and will not be accepted by South Plains College (Region 1-1A) in any other format.**
Region I-A/AA Track Championships Participation Confirmation Form

This form must be completed by any school that anticipates having athletes participating in the Regional Championship Meet. It allows us to get contact information for each team participating as well as information to help us ensure that Levelland and South Plains College continue to provide a great championship environment. Please complete the following form and return to Nicole Phillips, nphillips@southplainscollege.edu

This form needs to be sent in by Monday, April 20th, 2020.

School/Division_____________________________________________
Girls Coach_________________________________________________
Phone Number______________________________________________
Email______________________________________________________

Boys Coach_________________________________________________
Phone Number______________________________________________
Email______________________________________________________
Total Number of Students_____________________________________
Hotel_______________________________________________________
City________________________________________________________
Number Of Rooms_____________Check-In_______Check-Out_________